



# NAJAHALL

[www.BlendedandBlack.com](http://www.BlendedandBlack.com)



## speaker | educator | coach | author

It is often said that Naja has never met a stranger. Her endearing tone and ability to connect with people is not only a gift, it is the talent that makes her unique and impactful. Whether she is helping a one-on-one client, a family in crisis or a room full of people, Naja is able to deliver key strategies that will enhance the audience experience. Many say that time with Naja is like spending time with a good friend. During her 15 years of experience, Naja has established a highly sought-after Family Coaching practice, she created the curriculum for Blending School and she owns and operates Blended and Black. Naja is considered one of the most recognizable influencers in the Blended Family niche with over 50k engaged followers, subscribers, fans and supporters.

### Recent Collaborations

ESSENCE

xoJane

my fab finance



Divorceforce

StepMom MAGAZINE

iHeart RADIO



Through her method of accountability coaching, Naja has taught me how to make solution-based decisions, not emotional ones. My relationship with my Ex-Spouse has changed for the better. While we seldom see eye to eye, Naja helped me realize that aside from me, no one loves our child as much as her other parent. I now act in the best interest of my child and I am able to see things from a different perspective. — Joyce D.



### Presentation Topics

- Healing from Childhood trauma
- Father/Daughter dynamics after divorce
- Long distance co-parenting
- Dealing with High Conflict dynamics
- Redefining family roles after divorce
- Grief Counseling for Alienated Dads
- The Stepped on Stepmom
- Single Moms Guide to Sanity
- Sex refusal techniques for teens



@BlendedandBlack

Blended & Black is dedicated to promoting harmony and balance in mending, broken and blended millennial families. Our mission is to remove the stigma surrounding Step families while helping members redefine their roles and adjust to their new normal.



### BOOKING

Naja@BlendedandBlack.com

Call/Text 315 755 BLEND

### Professional Associations

